

Summerland Sprint Triathlon
September 2, 2007

750M Swim - 19.8Km Bike - 5Km Run

| Over All | Div PL | Div | Bib Num | Name | City | <-----Swim-----> | | | | <-----Bike-----> | | | | <-----Run-----> | | | | Total Event | | | | | |
|-------------|-----------|-------|------------|---------------------|--------------|------------------|---------------|---------------|-----------|------------------|---------------|-----------|------------|-----------------|---------------|-----------|--------------|----------------|--|--|--|--|--|
| | | | | | | Plce: In | Plce: Over | Time : | Rate : | Plce: In | Plce: Over | Time : | Speed : | Plce: In | Plce: Over | Time : | Pace : | | | | | | |
| | | | | | | Age Grp | All : | Mins/ 100M | | | | | | | Age Grp | All : | Mins/ Km. | | | | | | |
| | | | | | | : | : | : | | | | | | | : | : | : | | | | | | |
| 1 | 1/40 | M4049 | 106 | Eric Simpson | Westbank | 1 | 15 | 11:38 | 1:34 | 1 | 1 | 29:17 | 40.6 | 1 | 3 | 18:34 | 3:43 | 59:29 | | | | | |
| 2 | 1/4 | M1719 | 4 | Taylor Lick | Kelowna | 2 | 5 | 10:40 | 1:26 | 2 | 8 | 32:15 | 36.8 | 2 | 2 | 18:01 | 3:37 | 1:00:56 | | | | | |
| 3 | 2/4 | M1719 | 5 | Robert Smith | Penticton | 1 | 1 | 9:30 | 1:16 | 1 | 5 | 31:31 | 37.7 | 4 | 23 | 21:25 | 4:17 | 1:02:26 | | | | | |
| 4 | 1/8 | M2029 | 18 | Rod Siudut | Surrey | 2 | 11 | 11:18 | 1:31 | 1 | 3 | 31:02 | 38.3 | 1 | 7 | 20:08 | 4:02 | 1:02:28 | | | | | |
| 5 | 1/15 | M3039 | 37 | Ian Crosthwaite | Kelowna | 2 | 7 | 10:52 | 1:27 | 1 | 10 | 32:41 | 36.3 | 1 | 5 | 19:27 | 3:54 | 1:03:00 | | | | | |
| 6 | 1/24 | F4049 | 63 | Kari Bailey | Kelowna | 1 | 4 | 10:15 | 1:22 | 1 | 9 | 32:24 | 36.7 | 1 | 10 | 20:33 | 4:07 | 1:03:12 | | | | | |
| 7 | 2/40 | M4049 | 65 | Gary Wade | Kelowna | 8 | 28 | 12:34 | 1:41 | 4 | 6 | 31:49 | 37.3 | 2 | 4 | 18:52 | 3:47 | 1:03:15 | | | | | |
| 8 | 3/4 | M1719 | 6 | Braedon Cashion | Port Coquitl | 4 | 13 | 11:35 | 1:33 | 3 | 15 | 33:48 | 35.1 | 1 | 1 | 17:59 | 3:36 | 1:03:22 | | | | | |
| 9 | 2/15 | M3039 | 54 | Blaine Melnyk | Kelowna | 1 | 2 | 9:43 | 1:18 | 4 | 13 | 33:20 | 35.6 | 3 | 19 | 21:17 | 4:16 | 1:04:20 | | | | | |
| 10 | 3/40 | M4049 | 74 | Gord McInnes | Kelowna | 15 | 45 | 13:24 | 1:48 | 3 | 4 | 31:02 | 38.3 | 4 | 8 | 20:13 | 4:03 | 1:04:39 | | | | | |
| 11 | 1/1 | M1516 | 1 | Fraser Cashion | Port Coquitl | 1 | 6 | 10:46 | 1:27 | 1 | 7 | 32:04 | 37.0 | 1 | 28 | 21:51 | 4:23 | 1:04:41 | | | | | |
| 12 | 1/9 | M5059 | 135 | Ken Cashion | Port Coquitl | 1 | 10 | 11:10 | 1:30 | 1 | 14 | 33:33 | 35.4 | 2 | 22 | 21:24 | 4:17 | 1:06:07 | | | | | |
| 13 | 3/15 | M3039 | 50 | Kyle Stevens | Summerland | 6 | 25 | 12:24 | 1:40 | 3 | 12 | 33:19 | 35.7 | 2 | 9 | 20:26 | 4:06 | 1:06:09 | | | | | |
| 14 | 4/15 | M3039 | 57 | Sergio Da Silva | Westbank | 3 | 12 | 11:34 | 1:33 | 2 | 11 | 32:58 | 36.0 | 4 | 27 | 21:50 | 4:22 | 1:06:22 | | | | | |
| 15 | 4/40 | M4049 | 93 | Ken Pommier | Kelowna | 20 | 52 | 13:51 | 1:51 | 2 | 2 | 31:01 | 38.3 | 13 | 26 | 21:43 | 4:21 | 1:06:35 | | | | | |
| 16 | 5/40 | M4049 | 62 | Todd Merenick | Kelowna | 9 | 29 | 12:36 | 1:41 | 6 | 18 | 34:35 | 34.4 | 3 | 6 | 19:48 | 3:58 | 1:06:59 | | | | | |
| 17 | 4/4 | M1719 | 3 | Matt Baumeister | Vernon | 3 | 8 | 11:02 | 1:29 | 4 | 23 | 35:28 | 33.5 | 3 | 15 | 21:03 | 4:13 | 1:07:33 | | | | | |
| 18 | 2/9 | M5059 | 130 | Paul Eby | Oliver | 2 | 37 | 12:58 | 1:44 | 2 | 16 | 34:03 | 34.9 | 1 | 13 | 20:52 | 4:11 | 1:07:53 | | | | | |
| 19 | 6/40 | M4049 | 75 | John Koga | Kelowna | 10 | 35 | 12:55 | 1:44 | 5 | 17 | 34:14 | 34.7 | 7 | 17 | 21:08 | 4:14 | 1:08:17 | | | | | |
| 20 | 2/24 | F4049 | 311 | KIM JOLLYMORE | | 4 | 33 | 12:44 | 1:42 | 2 | 20 | 34:55 | 34.0 | 2 | 14 | 20:55 | 4:11 | 1:08:34 | | | | | |
| 21 | 7/40 | M4049 | 90 | Dave Prentice | Logan Lake | 2 | 20 | 12:13 | 1:38 | 8 | 22 | 35:27 | 33.5 | 12 | 25 | 21:38 | 4:20 | 1:09:18 | | | | | |
| 22 | 5/15 | M3039 | 58 | Miroslav Kavicky | Summerland | 4 | 19 | 12:02 | 1:37 | 5 | 21 | 35:18 | 33.7 | 5 | 33 | 22:20 | 4:28 | 1:09:40 | | | | | |
| 23 | 1/2 | F1516 | 2 | Heather Mehain | Vernon | 2 | 55 | 14:26 | 1:56 | 2 | 28 | 35:53 | 33.1 | 1 | 11 | 20:41 | 4:09 | 1:11:00 | | | | | |
| 24 | 1/3 | M6069 | 139 | Gary Hoffman | Osoyoos | 1 | 38 | 13:01 | 1:45 | 1 | 30 | 35:56 | 33.1 | 1 | 30 | 22:09 | 4:26 | 1:11:06 | | | | | |
| 25 | 8/40 | M4049 | 102 | Randy Jones | Summerland | 6 | 26 | 12:26 | 1:40 | 22 | 50 | 37:24 | 31.8 | 9 | 20 | 21:19 | 4:16 | 1:11:09 | | | | | |
| 26 | 9/40 | M4049 | 80 | Warren Taylor | Kelowna | 3 | 22 | 12:21 | 1:39 | 12 | 32 | 36:02 | 33.0 | 21 | 41 | 23:04 | 4:37 | 1:11:27 | | | | | |
| 27 | 10/40 | M4049 | 147 | Bruce Mckee | Kelowna | 11 | 39 | 13:03 | 1:45 | 7 | 19 | 34:43 | 34.2 | 27 | 57 | 23:54 | 4:47 | 1:11:40 | | | | | |
| 28 | 11/40 | M4049 | 96 | Bruce Moore | Surrey | 13 | 41 | 13:06 | 1:45 | 17 | 40 | 36:38 | 32.4 | 18 | 35 | 22:44 | 4:33 | 1:12:28 | | | | | |
| 29 | 12/40 | M4049 | 67 | Mark Duncan | Kelowna | 16 | 46 | 13:31 | 1:49 | 25 | 54 | 37:31 | 31.7 | 11 | 24 | 21:30 | 4:18 | 1:12:32 | | | | | |
| 30 | 13/40 | M4049 | 79 | Murali Venkataraman | Summerland | 19 | 51 | 13:50 | 1:51 | 27 | 61 | 38:13 | 31.1 | 5 | 12 | 20:44 | 4:09 | 1:12:47 | | | | | |
| 31 | 14/40 | M4049 | 123 | Kim Young | Coldstream | 4 | 23 | 12:21 | 1:39 | 24 | 52 | 37:26 | 31.7 | 22 | 42 | 23:04 | 4:37 | 1:12:51 | | | | | |
| 32 | 15/40 | M4049 | 119 | Randy McGraw | Kelowna | 18 | 50 | 13:42 | 1:50 | 9 | 25 | 35:35 | 33.4 | 26 | 53 | 23:39 | 4:44 | 1:12:56 | | | | | |
| 33 | 16/40 | M4049 | 110 | Fred Van der gaag | Kelowna | 30 | 85 | 15:57 | 2:08 | 10 | 29 | 35:53 | 33.1 | 10 | 21 | 21:22 | 4:17 | 1:13:12 | | | | | |

Summerland Sprint Triathlon
September 2, 2007

750M Swim - 19.8Km Bike - 5Km Run

| Over All | Div PL | Div | Bib Num | Name | City | <-----Swim-----> | | | | <-----Bike-----> | | | | <-----Run-----> | | | | Total Event | | | | | |
|-------------|-----------|-------|------------|------------------------|------------|------------------|---------------|---------------|-----------|------------------|---------------|-----------|------------|-----------------|---------------|-----------|--------------|----------------|--|--|--|--|--|
| | | | | | | Plce: In | Plce: Over | Time : | Rate : | Plce: In | Plce: Over | Time : | Speed : | Plce: In | Plce: Over | Time : | Pace : | | | | | | |
| | | | | | | Age Grp | All : | Mins/ 100M | | | | | | | Age Grp | All : | Mins/ Km. | | | | | | |
| | | | | | | : | : | : | | | | | | | : | : | : | | | | | | |
| 34 | 17/40 | M4049 | 66 | Carl Stene | Vernon | 14 | 43 | 13:17 | 1:47 | 16 | 39 | 36:37 | 32.4 | 25 | 51 | 23:31 | 4:43 | 1:13:25 | | | | | |
| 35 | 1/12 | F2029 | 17 | Kelsey Mulvihill | Kelowna | 1 | 14 | 11:35 | 1:33 | 4 | 63 | 38:26 | 30.9 | 2 | 49 | 23:24 | 4:41 | 1:13:25 | | | | | |
| 36 | 1/23 | F3039 | 34 | Marnie Todd | Keremeos | 2 | 32 | 12:40 | 1:42 | 2 | 56 | 37:40 | 31.5 | 1 | 44 | 23:06 | 4:38 | 1:13:26 | | | | | |
| 37 | 18/40 | M4049 | 94 | Danny Scuka | Kelowna | 25 | 71 | 15:24 | 2:04 | 11 | 31 | 36:00 | 33.0 | 14 | 29 | 22:04 | 4:25 | 1:13:28 | | | | | |
| 38 | 19/40 | M4049 | 98 | Neil Crofts | Summerland | 17 | 47 | 13:35 | 1:49 | 20 | 45 | 37:06 | 32.0 | 24 | 46 | 23:09 | 4:38 | 1:13:50 | | | | | |
| 39 | 6/15 | M3039 | 52 | Cam Holloway | Kelowna | 10 | 73 | 15:27 | 2:04 | | | | | 15 | | | | 1:13:58 | | | | | |
| 40 | 2/12 | F2029 | 143 | Julia Skleryk | Calgary | 5 | 83 | 15:50 | 2:07 | 1 | 34 | 36:10 | 32.8 | 1 | 38 | 22:50 | 4:34 | 1:14:50 | | | | | |
| 41 | 7/15 | M3039 | 48 | David Piket | Summerland | 5 | 21 | 12:17 | 1:39 | 6 | 24 | 35:30 | 33.5 | 12 | 97 | 27:04 | 5:25 | 1:14:51 | | | | | |
| 42 | 2/23 | F3039 | 42 | Sunette Holmes Louw | Naramata | 3 | 44 | 13:17 | 1:47 | 1 | 49 | 37:19 | 31.8 | 3 | 58 | 24:15 | 4:51 | 1:14:51 | | | | | |
| 43 | 20/40 | M4049 | 89 | Todd Nordstrom-young | Vernon | 34 | 112 | 17:35 | 2:21 | 13 | 35 | 36:17 | 32.7 | 8 | 18 | 21:16 | 4:16 | 1:15:08 | | | | | |
| 44 | 21/40 | M4049 | 121 | Gerry Naito | Vernon | 26 | 72 | 15:24 | 2:04 | 21 | 48 | 37:16 | 31.9 | 19 | 36 | 22:44 | 4:33 | 1:15:24 | | | | | |
| 45 | 22/40 | M4049 | 88 | Patrick Gable | Kelowna | 31 | 87 | 16:02 | 2:09 | 23 | 51 | 37:24 | 31.8 | 15 | 31 | 22:09 | 4:26 | 1:15:35 | | | | | |
| 46 | 3/24 | F4049 | 78 | Danielle Eastman | Penticton | 3 | 30 | 12:38 | 1:42 | 8 | 65 | 38:40 | 30.7 | 5 | 64 | 24:36 | 4:56 | 1:15:54 | | | | | |
| 47 | 2/2 | F1516 | 190 | ALLEGRA ROGERS | | 1 | 16 | 11:40 | 1:34 | 1 | 26 | 35:47 | 33.2 | 2 | 113 | 28:28 | 5:42 | 1:15:55 | | | | | |
| 48 | 8/15 | M3039 | 59 | Raymond Maaske | Summerland | 7 | 34 | 12:50 | 1:43 | 7 | 55 | 37:32 | 31.7 | 10 | 72 | 25:39 | 5:08 | 1:16:01 | | | | | |
| 49 | 3/23 | F3039 | 36 | Emma Crosthwaite | Kelowna | 7 | 63 | 14:55 | 2:00 | 4 | 59 | 38:05 | 31.2 | 2 | 47 | 23:10 | 4:38 | 1:16:10 | | | | | |
| 50 | 23/40 | M4049 | 86 | Chris Forster | Penticton | 28 | 76 | 15:29 | 2:04 | 29 | 82 | 39:55 | 29.8 | 6 | 16 | 21:07 | 4:14 | 1:16:31 | | | | | |
| 51 | 4/24 | F4049 | 92 | Charlotte Venkataraman | Summerland | 8 | 61 | 14:47 | 1:59 | 9 | 69 | 39:03 | 30.4 | 3 | 39 | 22:52 | 4:35 | 1:16:42 | | | | | |
| 52 | 2/8 | M2029 | 14 | Jacob Johansen | Jystrup | 4 | 49 | 13:40 | 1:50 | 4 | 71 | 39:07 | 30.4 | 4 | 60 | 24:18 | 4:52 | 1:17:05 | | | | | |
| 53 | 1/7 | F5059 | 128 | Jennifer Leach-Trask | Kelowna | 1 | 31 | 12:39 | 1:42 | 1 | 68 | 39:01 | 30.4 | 2 | 69 | 25:35 | 5:07 | 1:17:15 | | | | | |
| 54 | 5/24 | F4049 | 73 | Renate Terpstra | Vernon | 5 | 53 | 13:51 | 1:51 | 7 | 64 | 38:27 | 30.9 | 6 | 65 | 25:01 | 5:01 | 1:17:19 | | | | | |
| 55 | 24/40 | M4049 | 76 | Danny Kermode | Vernon | 33 | 102 | 16:33 | 2:13 | 14 | 37 | 36:32 | 32.5 | 28 | 61 | 24:23 | 4:53 | 1:17:28 | | | | | |
| 56 | 9/15 | M3039 | 60 | Keith Gibson | Summerland | 9 | 69 | 15:20 | 2:03 | 8 | 66 | 38:50 | 30.6 | 8 | 50 | 23:26 | 4:42 | 1:17:36 | | | | | |
| 57 | 25/40 | M4049 | 148 | Peter Cates | Kelowna | 23 | 67 | 15:16 | 2:03 | 28 | 80 | 39:51 | 29.8 | 17 | 34 | 22:30 | 4:30 | 1:17:37 | | | | | |
| 58 | 4/23 | F3039 | 30 | Kelley Waterhouse | Kelowna | 4 | 58 | 14:39 | 1:58 | 3 | 57 | 37:42 | 31.5 | 5 | 68 | 25:21 | 5:05 | 1:17:42 | | | | | |
| 59 | 26/40 | M4049 | 83 | Christopher Downing | Vancouver | 5 | 24 | 12:21 | 1:39 | 35 | 104 | 42:22 | 28.0 | 23 | 43 | 23:05 | 4:37 | 1:17:48 | | | | | |
| 60 | 27/40 | M4049 | 108 | Alex Harvie | Kelowna | 38 | 127 | 18:36 | 2:29 | 19 | 43 | 36:57 | 32.2 | 16 | 32 | 22:18 | 4:28 | 1:17:51 | | | | | |
| 61 | 3/8 | M2029 | 146 | Andrew Sparks | Kelowna | 3 | 36 | 12:57 | 1:44 | 3 | 58 | 37:42 | 31.5 | 6 | 99 | 27:15 | 5:27 | 1:17:54 | | | | | |
| 62 | 28/40 | M4049 | 107 | Mike Pearson | Delta | 12 | 40 | 13:04 | 1:45 | 26 | 60 | 38:05 | 31.2 | 34 | 92 | 26:53 | 5:23 | 1:18:02 | | | | | |
| 63 | 6/24 | F4049 | 101 | Myra Mattila | Vernon | 10 | 78 | 15:31 | 2:05 | 4 | 42 | 36:54 | 32.2 | 7 | 70 | 25:37 | 5:08 | 1:18:02 | | | | | |
| 64 | 29/40 | M4049 | 109 | Chris M Brown | Vernon | 27 | 74 | 15:27 | 2:04 | 18 | 41 | 36:44 | 32.3 | 33 | 88 | 26:39 | 5:20 | 1:18:50 | | | | | |
| 65 | 4/8 | M2029 | 24 | Loris Paoletich | Kelowna | 5 | 80 | 15:39 | 2:06 | 5 | 72 | 39:09 | 30.3 | 3 | 59 | 24:15 | 4:51 | 1:19:03 | | | | | |
| 66 | 3/9 | M5059 | 127 | Terry Ingles | Penticton | 5 | 106 | 16:47 | 2:15 | 3 | 33 | 36:03 | 33.0 | 5 | 83 | 26:16 | 5:16 | 1:19:06 | | | | | |

Summerland Sprint Triathlon
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750M Swim - 19.8Km Bike - 5Km Run

| Over All | Div PL | Div | Bib Num | Name | City | <-----Swim-----> | | | | <-----Bike-----> | | | | <-----Run-----> | | | | Total Event |
|-------------|-----------|-------|------------|----------------------|------------|------------------|---------------|---------------|-----------|------------------|---------------|-------------|------------|-----------------|---------------|--------------|-----------|----------------|
| | | | | | | Plce: In | Plce: Over | Time : | Rate : | Plce: In | Plce: Over | Time : | Speed : | Plce: In | Plce: Over | Time : | Pace : | |
| | | | | | | Age | All | Mins/ 100M | Grp | Age | All | Km/ Hour | Grp | Age | All | Mins/ Km. | Grp | |
| 67 | 10/15 | M3039 | 150 | Kevin Wooliams | | 8 | 48 | 13:35 | 1:49 | 11 | 79 | 39:48 | 29.8 | 11 | 73 | 25:45 | 5:09 | 1:19:08 |
| 68 | 7/24 | F4049 | 85 | Corrine Gable | Kelowna | 9 | 65 | 15:07 | 2:01 | 12 | 87 | 40:20 | 29.5 | 4 | 55 | 23:51 | 4:47 | 1:19:18 |
| 69 | 8/24 | F4049 | 72 | Doris Grieve | Penticton | 19 | 107 | 16:50 | 2:15 | 3 | 27 | 35:50 | 33.2 | 10 | 93 | 26:53 | 5:23 | 1:19:33 |
| 70 | 11/15 | M3039 | 27 | Mike Craig | Westbank | 11 | 86 | 16:01 | 2:09 | 12 | 85 | 40:11 | 29.6 | 7 | 48 | 23:23 | 4:41 | 1:19:35 |
| 71 | 4/9 | M5059 | 309 | Patrick Admundsen | Summerland | 7 | 113 | 17:35 | 2:21 | 5 | 70 | 39:05 | 30.4 | 3 | 45 | 23:06 | 4:38 | 1:19:46 |
| 72 | 12/15 | M3039 | 29 | Arthur Bakx | Summerland | 12 | 108 | 17:12 | 2:18 | 10 | 78 | 39:38 | 30.0 | 6 | 40 | 22:58 | 4:36 | 1:19:48 |
| 73 | 3/12 | F2029 | 11 | Mandy Ventresca | Vernon | 7 | 92 | 16:10 | 2:10 | 3 | 47 | 37:10 | 32.0 | 8 | 86 | 26:29 | 5:18 | 1:19:49 |
| 74 | 4/12 | F2029 | 16 | Krista Houtman | Vernon | 9 | 96 | 16:21 | 2:11 | 2 | 46 | 37:09 | 32.0 | 7 | 84 | 26:22 | 5:17 | 1:19:52 |
| 75 | 5/9 | M5059 | 124 | Calvin Deeg | Penticton | 4 | 79 | 15:33 | 2:05 | 4 | 44 | 37:01 | 32.1 | 6 | 102 | 27:43 | 5:33 | 1:20:17 |
| 76 | 30/40 | M4049 | 84 | Kevin Edgecombe | Kelowna | 24 | 70 | 15:22 | 2:03 | 31 | 88 | 40:22 | 29.4 | 29 | 63 | 24:34 | 4:55 | 1:20:18 |
| 77 | 9/24 | F4049 | 64 | Jaki Meeks | Vernon | 6 | 57 | 14:38 | 1:58 | 10 | 77 | 39:33 | 30.0 | 8 | 77 | 26:07 | 5:14 | 1:20:18 |
| 78 | 5/8 | M2029 | 20 | Tyler Irving | Vernon | 6 | 117 | 17:57 | 2:24 | 2 | 36 | 36:26 | 32.6 | 5 | 79 | 26:12 | 5:15 | 1:20:35 |
| 79 | 5/23 | F3039 | 41 | Jen Cates | Kelowna | 5 | 59 | 14:41 | 1:58 | 5 | 67 | 38:58 | 30.5 | 11 | 98 | 27:06 | 5:26 | 1:20:45 |
| 80 | 5/12 | F2029 | 15 | Brooke Cairns | Vancouver | 8 | 95 | 16:17 | 2:11 | 5 | 84 | 40:03 | 29.7 | 3 | 62 | 24:25 | 4:53 | 1:20:45 |
| 81 | 6/12 | F2029 | 19 | Stephanie Schubert | Calgary | 4 | 64 | 15:02 | 2:01 | 6 | 90 | 40:31 | 29.3 | 4 | 71 | 25:38 | 5:08 | 1:21:11 |
| 82 | 10/24 | F4049 | 81 | Joy-Cee Stevens | Kelowna | 12 | 82 | 15:44 | 2:06 | 5 | 53 | 37:29 | 31.7 | 14 | 109 | 28:16 | 5:40 | 1:21:29 |
| 83 | 11/24 | F4049 | 103 | David Arsenaault | Penticton | 2 | 9 | 11:05 | 1:29 | 6 | 62 | 38:25 | 30.9 | 20 | 133 | 32:11 | 6:27 | 1:21:41 |
| 84 | 2/7 | F5059 | 133 | Sandra Thomson | Kelowna | 2 | 68 | 15:18 | 2:03 | 2 | 108 | 42:52 | 27.7 | 1 | 52 | 23:38 | 4:44 | 1:21:48 |
| 85 | 13/15 | M3039 | 44 | Jason Rogall | Westbank | 13 | 130 | 18:52 | 2:31 | 9 | 75 | 39:27 | 30.1 | 9 | 56 | 23:51 | 4:47 | 1:22:10 |
| 86 | 6/23 | F3039 | 43 | Larisa Sollid-Gagner | Kelowna | 6 | 62 | 14:48 | 1:59 | 7 | 91 | 40:33 | 29.3 | 10 | 96 | 27:01 | 5:25 | 1:22:22 |
| 87 | 31/40 | M4049 | 104 | Steve Frost | Kelowna | 32 | 97 | 16:21 | 2:11 | 32 | 89 | 40:27 | 29.4 | 30 | 74 | 25:45 | 5:09 | 1:22:33 |
| 88 | 12/24 | F4049 | 77 | Donna Pearson | Delta | 7 | 60 | 14:44 | 1:58 | 11 | 81 | 39:54 | 29.8 | 12 | 106 | 28:02 | 5:37 | 1:22:40 |
| 89 | 7/23 | F3039 | 144 | Tamara Ushy | Kelowna | 12 | 100 | 16:29 | 2:12 | 6 | 74 | 39:17 | 30.2 | 9 | 95 | 26:58 | 5:24 | 1:22:44 |
| 90 | 8/23 | F3039 | 32 | Jennifer Work | Kelowna | 9 | 88 | 16:02 | 2:09 | 9 | 98 | 41:52 | 28.4 | 4 | 66 | 25:12 | 5:03 | 1:23:06 |
| 91 | 9/23 | F3039 | 28 | Erin West | Kamloops | 11 | 93 | 16:12 | 2:10 | 8 | 93 | 40:47 | 29.1 | 7 | 85 | 26:22 | 5:17 | 1:23:21 |
| 92 | 13/24 | F4049 | 99 | Dory Dueck | Kelowna | 11 | 81 | 15:40 | 2:06 | 13 | 92 | 40:35 | 29.3 | 11 | 100 | 27:20 | 5:28 | 1:23:35 |
| 93 | 7/12 | F2029 | 12 | Shirley Daniel | Calgary | 6 | 89 | 16:04 | 2:09 | 7 | 96 | 41:36 | 28.6 | 6 | 81 | 26:14 | 5:15 | 1:23:54 |
| 94 | 32/40 | M4049 | 141 | James Palanio | Penticton | 21 | 54 | 14:11 | 1:54 | 34 | 101 | 42:11 | 28.2 | 35 | 104 | 27:48 | 5:34 | 1:24:10 |
| 95 | 33/40 | M4049 | 120 | Rob Mason | Penticton | 36 | 119 | 18:03 | 2:25 | 30 | 83 | 40:01 | 29.7 | 31 | 80 | 26:12 | 5:15 | 1:24:16 |
| 96 | 34/40 | M4049 | 69 | Steve Merrill | Kelowna | 40 | 138 | 20:12 | 2:42 | 33 | 99 | 41:53 | 28.4 | 20 | 37 | 22:47 | 4:34 | 1:24:52 |
| 97 | 6/9 | M5059 | 217 | HUGH HAMILTON | | 6 | 109 | 17:20 | 2:19 | 9 | 102 | 42:13 | 28.1 | 4 | 67 | 25:20 | 5:04 | 1:24:53 |
| 98 | 8/12 | F2029 | 9 | Lisa Sissons | Kelowna | 2 | 18 | 11:58 | 1:36 | 8 | 120 | 44:53 | 26.5 | 9 | 107 | 28:03 | 5:37 | 1:24:54 |
| 99 | 35/40 | M4049 | 117 | Reese Stensrude | Vernon | 22 | 56 | 14:34 | 1:57 | 36 | 105 | 42:22 | 28.0 | 38 | 117 | 29:16 | 5:52 | 1:26:12 |

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750M Swim - 19.8Km Bike - 5Km Run

| Over All | Div PL | Div | Bib Num | Name | City | <-----Swim-----> | | | | <-----Bike-----> | | | | <-----Run-----> | | | | Total Event |
|-------------|-----------|-------|------------|-----------------------|--------------|------------------|--------|-------|-------|------------------|--------|-------|--------|-----------------|--------|-------|-------|----------------|
| | | | | | | Plce: | Plce: | Time | :Rate | Plce: | Plce: | Time | :Speed | Plce: | Plce: | Time | :Pace | |
| | | | | | | In | :Over: | : | | In | :Over: | : | | In | :Over: | : | | |
| | | | | | | Age | :All | : | Mins/ | Age | :All | : | Km/ | Age | :All | : | Mins/ | |
| | | | | | | Grp | : | : | :100M | Grp | : | : | :Hour | Grp | : | : | :Km. | |
| | | | | | | : | : | : | | : | : | : | | : | : | : | | |
| 100 | 10/23 | F3039 | 47 | Kathryn Golbeck | Summerland | 18 | 122 | 18:05 | 2:25 | 10 | 100 | 41:55 | 28.3 | 6 | 82 | 26:15 | 5:15 | 1:26:15 |
| 101 | 14/24 | F4049 | 122 | Kathy Wilson | Kamloops | 17 | 103 | 16:34 | 2:13 | 14 | 94 | 40:51 | 29.1 | 17 | 116 | 29:00 | 5:48 | 1:26:25 |
| 102 | 7/9 | M5059 | 131 | Garry Onderstal | Kelowna | 3 | 75 | 15:28 | 2:04 | 8 | 97 | 41:43 | 28.5 | 8 | 119 | 29:31 | 5:55 | 1:26:42 |
| 103 | 8/9 | M5059 | 137 | Robert Kirkpatrick | Kelowna | 9 | 136 | 19:50 | 2:39 | 6 | 73 | 39:09 | 30.3 | 7 | 103 | 27:44 | 5:33 | 1:26:43 |
| 104 | 2/3 | M6069 | 142 | Jeremy Courtenay | Lake Country | 3 | 126 | 18:27 | 2:28 | 2 | 76 | 39:27 | 30.1 | 2 | 115 | 28:51 | 5:47 | 1:26:45 |
| 105 | 15/24 | F4049 | 216 | ROSALIE SWART | | 15 | 94 | 16:15 | 2:10 | 17 | 106 | 42:41 | 27.8 | 13 | 108 | 28:03 | 5:37 | 1:26:59 |
| 106 | 36/40 | M4049 | 70 | Derrick Carlson | Kelowna | 29 | 77 | 15:29 | 2:04 | 37 | 113 | 43:16 | 27.5 | 37 | 112 | 28:21 | 5:41 | 1:27:06 |
| 107 | 16/24 | F4049 | 111 | Anna Bonga | Burnaby | 14 | 91 | 16:08 | 2:10 | 21 | 119 | 44:27 | 26.7 | 9 | 91 | 26:45 | 5:21 | 1:27:20 |
| 108 | 1/2 | F1719 | 7 | Anna Yuill | Kelowna | 1 | 114 | 17:36 | 2:21 | 1 | 112 | 43:09 | 27.5 | 1 | 89 | 26:39 | 5:20 | 1:27:24 |
| 109 | 11/23 | F3039 | 61 | Colleen Cuthbert | Caglary | 13 | 101 | 16:32 | 2:13 | 13 | 117 | 44:07 | 26.9 | 8 | 94 | 26:57 | 5:24 | 1:27:36 |
| 110 | 17/24 | F4049 | 87 | Mary-Ellen Piotrowski | Penticton | 13 | 84 | 15:55 | 2:08 | 20 | 114 | 43:22 | 27.4 | 15 | 111 | 28:20 | 5:40 | 1:27:37 |
| 111 | 9/12 | F2029 | 10 | Michelle Hunter | Calgary | 10 | 98 | 16:26 | 2:12 | 9 | 122 | 45:12 | 26.3 | 5 | 78 | 26:11 | 5:15 | 1:27:49 |
| 112 | 12/23 | F3039 | 55 | Sherry Gibson | Summerland | 14 | 110 | 17:27 | 2:20 | 11 | 109 | 43:03 | 27.6 | 12 | 101 | 27:38 | 5:32 | 1:28:08 |
| 113 | 13/23 | F3039 | 25 | Alysia Carlson | Kelowna | 8 | 66 | 15:11 | 2:02 | 14 | 118 | 44:10 | 26.9 | 15 | 120 | 29:43 | 5:57 | 1:29:04 |
| 114 | 18/24 | F4049 | 116 | Colleen Stensrude | Vernon | 18 | 105 | 16:44 | 2:14 | 16 | 103 | 42:20 | 28.1 | 18 | 123 | 30:14 | 6:03 | 1:29:18 |
| 115 | 19/24 | F4049 | 71 | Suzie Da Silva | Westbank | 16 | 99 | 16:26 | 2:12 | 15 | 95 | 41:32 | 28.6 | 19 | 131 | 31:56 | 6:24 | 1:29:54 |
| 116 | 9/9 | M5059 | 136 | Mike Harrison | Penticton | 8 | 120 | 18:03 | 2:25 | 7 | 86 | 40:19 | 29.5 | 9 | 129 | 31:33 | 6:19 | 1:29:55 |
| 117 | 20/24 | F4049 | 91 | Violet Frost | Kelowna | 20 | 129 | 18:50 | 2:31 | 18 | 107 | 42:47 | 27.8 | 16 | 114 | 28:48 | 5:46 | 1:30:25 |
| 118 | 14/23 | F3039 | 26 | Lora Nield | Summerland | 10 | 90 | 16:04 | 2:09 | 18 | 125 | 46:19 | 25.6 | 14 | 118 | 29:22 | 5:53 | 1:31:45 |
| 119 | 3/7 | F5059 | 129 | Karen Forster | Penticton | 3 | 115 | 17:43 | 2:22 | 6 | 139 | 49:09 | 24.2 | 4 | 76 | 25:56 | 5:12 | 1:32:48 |
| 120 | 15/23 | F3039 | 56 | Kelly Hill | Kamloops | 15 | 111 | 17:30 | 2:20 | 16 | 123 | 45:18 | 26.2 | 18 | 127 | 30:47 | 6:10 | 1:33:35 |
| 121 | 4/7 | F5059 | 134 | Charlotte Heidt | Kelowna | 4 | 131 | 18:54 | 2:32 | 5 | 137 | 48:31 | 24.5 | 5 | 90 | 26:40 | 5:20 | 1:34:05 |
| 122 | 16/23 | F3039 | 38 | Gillian Stevens | Summerland | 21 | 135 | 19:22 | 2:35 | 19 | 127 | 47:03 | 25.2 | 13 | 105 | 27:49 | 5:34 | 1:34:14 |
| 123 | 17/23 | F3039 | 51 | Karen Hohn | Chilliwack | 16 | 118 | 17:57 | 2:24 | 17 | 124 | 45:45 | 26.0 | 17 | 125 | 30:34 | 6:07 | 1:34:16 |
| 124 | 6/8 | M2029 | 215 | HOWIE EDGECOMBE | | 7 | 149 | 26:37 | 3:33 | 6 | 115 | 43:54 | 27.1 | 2 | 54 | 23:48 | 4:46 | 1:34:19 |
| 125 | 10/12 | F2029 | 22 | Karen Kennedy | Kelowna | 11 | 125 | 18:15 | 2:26 | 10 | 126 | 46:37 | 25.5 | 10 | 122 | 29:44 | 5:57 | 1:34:36 |
| 126 | 37/40 | M4049 | 68 | Robert McLennan | Penticton | 37 | 124 | 18:12 | 2:26 | 38 | 135 | 48:11 | 24.7 | 36 | 110 | 28:18 | 5:40 | 1:34:41 |
| 127 | 3/3 | M6069 | 138 | Donna Gayton | Summerland | 2 | 104 | 16:43 | 2:14 | 3 | 129 | 47:15 | 25.1 | 3 | 126 | 30:46 | 6:10 | 1:34:44 |
| 128 | 14/15 | M3039 | 271 | Nathan Gayton | | 14 | 140 | 21:18 | 2:51 | 13 | 110 | 43:04 | 27.6 | 13 | 130 | 31:44 | 6:21 | 1:36:06 |
| 129 | 21/24 | F4049 | 115 | Shelly Stephens | Kelowna | 21 | 132 | 18:56 | 2:32 | 19 | 111 | 43:08 | 27.5 | 21 | 136 | 34:05 | 6:49 | 1:36:09 |
| 130 | 5/7 | F5059 | 125 | Ev Cashion | Port Coquitl | 5 | 141 | 22:43 | 3:02 | 3 | 130 | 47:36 | 25.0 | 3 | 75 | 25:50 | 5:10 | 1:36:09 |
| 131 | 18/23 | F3039 | 270 | Susan Knight | | 17 | 121 | 18:04 | 2:25 | 12 | 116 | 43:57 | 27.0 | 21 | 143 | 36:03 | 7:13 | 1:38:04 |
| 132 | 38/40 | M4049 | 118 | Mike Stewart | Chilliwack | 39 | 134 | 19:18 | 2:35 | 40 | 143 | 52:42 | 22.5 | 32 | 87 | 26:34 | 5:19 | 1:38:34 |

